

THREE OVERARCHING OUTCOMES

**HOW THE THREE PRINCIPLES SINGLE
PARADIGM DOES THE WORK FOR US**

**ABSOLUTE DIRECTION
UNAVOIDABLE EVOLUTION
BUILT IN SELF CORRECTION**

INTRODUCTION

When we teach the Three Principles as a paradigm we are teaching the logic and wisdom of the Three Principles by comparing the illusion of two different systems of how we imagine we experience our lives. One system is defined by including thought in the moment as the immediate cause of our feeling. The other system excludes thought in the moment as the immediate cause of our feeling and designates circumstances or the past as the direct cause of our feeling in the moment.

When we look at the logic and wisdom of the Three Principles as a constant system that only works one way we have encountered a paradigm. A paradigm is a system that constantly works the same way. It has a logic of how it works and there are, therefore, logical outcomes when a system is constant.

ABSOLUTE DIRECTION

The difference between how something works and how it does not work is not a value judgment or a corruptible differentiator. It is a black and white issue. Either something works one way or it does not. Either the world is flat or it is round, but it cannot be both flat and round at the same time. The logic and wisdom of the Three Principles Paradigm practically translates to our feelings are coming from our thinking in the moment. This is one specific way to understand how our psychological/spiritual experience works.

This is an odd place to find a powerful truth about life but it will change anyone's life who has insight about it. Any person can have an experience of the inseparable nature of thought and feeling that will prove to them the truth of how we work. When we get pointed in the direction of the truth of how the system of our experience works it reveals deeper and deeper insight to us. This is not just about us personally. This is about encountering pre-existing intelligence that has personal and impersonal insight and transformation for anyone.

Description:

This is an inside-out world. Once you get an understanding of how your feelings (experience/attitude/feeling state/state of mind) work; that your feelings are coming down from your thought in the moment, you are headed in the right direction for the insights you will need.

I can feel confident about my direction. My focus at least is in alignment with how we psychologically/spiritually work. It gives me the right "come from". It gives me the right direction. There are a million things that you don't have to think about.

Your mind is quieted by insight. You feel relaxed and secure about the Inside-Out/Single Paradigm direction.

When aligned with the logic and wisdom of the 3 Principles, decisions are not so hard. Insight is not so hard. Your inner-directed life is in alignment how your psychological/spiritual experience works. When you are in remembrance of the Inside-Out you can trust your thinking. Inside-Out and Outside-In provide a check do see if this is egotistical stuff coming to you or psychologically and spiritually sound stuff coming to you.

Do you ever think that going in an Outside-In direction is a good idea? This is the absolute direction.

The Outside-In has got so many tell-tale signs that it is easy to spot. You know it's a bad idea to continue in that direction. Then, there is only one direction left. People think so many things that they have no idea it is egotistical.

UNAVOIDABLE EVOLUTION

Anyone who has insight about the truth of the 3 Principles the nature of life will evolve. There is a definite direction built into this logic that funnels us in an unavoidable evolutionary direction. It is uncommon for us to deal with something that has such transformative power. When we consider thought in the moment as a constant in our psychological experience we find ourselves in insightful and reflective territory.

Example: There was a woman who, before she understood the truth of psychological experience, felt justifiably judgmental and critical whenever anything happened that was unfair. She came from a family who talked about unfair things openly. They never considered there could be another way to think and feel about such circumstances. As she was learning about the nature of psychological life she had an insight about something unfair that had happened to her years earlier. As she had insight about her thinking, she realized this memory was repetitive. She had never thought about it any other way except judgmentally and critically. This insight came to her in the form of a question: "Do I know another way to think about this?" The answer was "No".

Three days later a realization came to her. The other person had made a mistake! In the same moment, she had another insight that she had made mistakes her whole life and would unintentionally make them for the rest of her life. This insight had great impact upon her. After this, the idea of judgment and criticism became illogical to her. It now looked like a hypocritical and illogical way to be in life. This deep and powerful insight remains with her to this day. Before, judgment and criticism had been perfectly acceptable. Through insight that was in alignment with the logic of the 3 Principles paradigm of how actual reality is being created, the illusion of any other way collapsed. This insight unavoidably evolved her.

BUILT IN SELF CORRECTION

The true nature of how our psychological life is being created has a built-in logic, wisdom and intelligence. The constant, 100% of the time, truth about the necessity of including "thought in the moment" as a defining factor in why we feel the way we do provides a guideline that changes us. We evolve in understanding how we think our experience works. We have the chance to have insight about our own thinking. We grow in insight that reveals if we are "Inside-Out" or "Outside-In". This gives us a chance to self-correct. It is easier to change when we know something is illogical and not possible. This change is not through willpower or accomplishment but change through insightful understanding. We begin to learn how powerful and transformative understanding a single paradigm of experience can be. We begin to insightfully learn pre-existing, intelligent truth that provides deeper and deeper understanding that affects our lives on a daily, hourly, even moment to moment basis. It is like having a psychological truth that changes us.